

Size and colour chart

Arm Sleeve – Adult

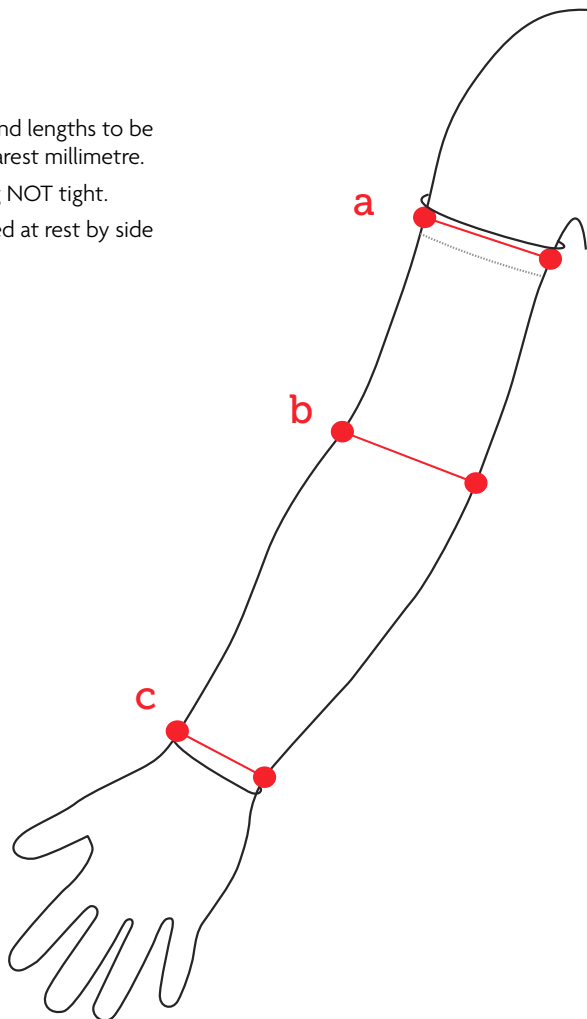
SIZES

Size	Upper circumference (a)	Elbow circumference (b)	Wrist circumference (c)
X SML	25.5 – 28.5cm	22.5 – 24.5cm	13.5 – 15cm
SML	28.5 – 31.5cm	24.5 – 27cm	15 – 16.5cm
MED	31.5 – 34.5cm	27 – 29.5cm	16.5 – 18cm
LGE	34.5 – 37.5cm	29.5 – 32.5cm	18 – 19.5cm
X LGE	37.5 – 41.5cm	32.5 – 35.5cm	19.5 – 21.5cm
XX LGE	41.5 – 45.5cm	35.5 – 38.5cm	21.5 – 23.5cm

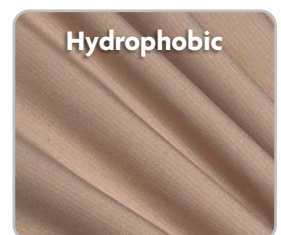
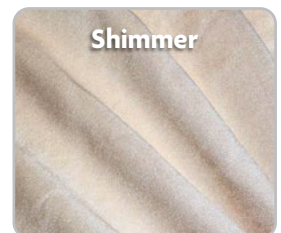
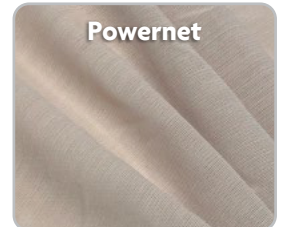
MEASUREMENTS

Measuring Tips:

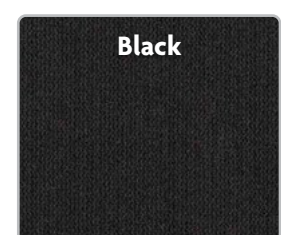
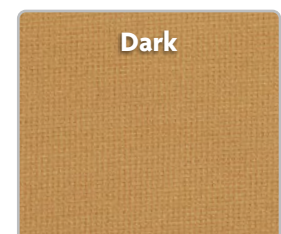
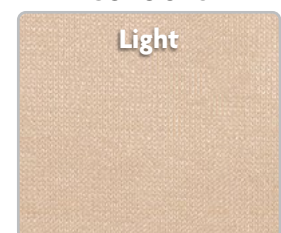
- All circumferences and lengths to be measured to the nearest millimetre.
- Tape should be snug NOT tight.
- Arm should be placed at rest by side of the body



FABRIC OPTIONS



COLOURS



Please note garments *cannot* be altered or repaired by Second Skin.



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RF ADULT-SC UK 2026-05



Second Skin

CUSTOMISED COMPRESSION GARMENTS & SPLINTS

Fabric options

All Second Skin garments are made from a range of medical grade stretch fabrics. Several highly durable medical grade fabrics are incorporated in our garment designs, to address the individual needs of each client.

POWERNET FABRICS

Powernet is an open weave fabric which is prescribed for healed skin and for areas where additional support and compression is required. This fabric is particularly durable in work, school or outdoor activities. Powernet is often used in burns scar management and lymphoedema.

Our Powernet fabric now incorporates patented cooling properties, HeiQ Smart Temp, which provides outstanding thermal comfort to clients by keeping them cooler and dryer while wearing their garment.

Powernet fabric is available in light tan, dark tan and black.

SHIMMER FABRICS

Shimmer is a closed weave fabric which provides a softer interface with the skin. Shimmer fabric contours well and is comfortable and effective over joint surfaces and areas of skin fragility such as the elbow, ankle and knee. Shimmer fabric is used for early burns and flap management, external fixators, vascular conditions and certain types of lymphoedema.

Shimmer fabric is available in light tan, dark tan and black.

HYDROPHOBIC FABRICS

Hydrophobic fabric is used as both a lining and a base fabric in compression garments. This fabric wicks moisture away from the surface of the skin to evaporate, protecting the skin surface and ensuring optimal comfort.

Our hydrophobic fabric has an antimicrobial component embedded within the matrix of the fabric. This ensures our products are breathable and highly effective at removing bacteria from the fabric surface, to provide the wearer with all year round comfort. Due to this innovation, our garments are frequently prescribed to assist with the management of repeated skin breakdown and fragility.

Hydrophobic fabric is available in light tan, dark tan and black.

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