



## Second Skin Video/Photograph Guide

### A guide on how to prepare your digital footage

Your digital video footage or photographs are a very important part of the referral process that assists us with garment prescription and splinting assessments. Our therapy team observe the key issues targeted in Second Skin splinting or compression garments so that we can design a splint or garment to best meet each client's needs.

Our team will feedback their recommendations once the photographs or video footage has been reviewed.

### Burns and Trauma/Other Medical Conditions:

- **Still digital photos** are essential for all clients with amputations, brachial plexus injury, hernia, external fixators, flaps, postural or other anomalies.
- **Still digital photos** are helpful for all clients with areas of wound or skin fragility, such as burns, traumatic injuries, severe lymphoedema and vascular conditions.

### Neurological Conditions:

- **Still digital photos** are required for clients with CVA (stroke) or those who have a non-functional hand or foot.
- **Digital video footage** is required for clients with neurological conditions where the splint will target goals related to management of muscle tone and posture, and promotion of functional skills.
- 5 minutes of video footage is sufficient.
- Please introduce the client at the beginning of the footage.
- **Important:** after recording, make sure you can view the video on your computer.

### What should be worn in the video footage?

- To maximise clinical observations, we require **children** to be shown in their nappies, underclothes or swimmers. It is critical that we see muscle tone and patterns of movement for clients with neurological conditions.
- We require **adults** to be shown in underclothes or swimmers.
- Footage taken from the front, back and sides of the client is essential for showing postural/spinal asymmetry issues.

### What should be included in the video footage?

For clients with neurological conditions, it would be helpful to see the following, as appropriate to their abilities:

- Sitting and standing with or without supports
- Any of the equipment they commonly use
- Walking, if appropriate
- Reaching to grasp and release objects
- Switch access, computer access or communication aide access
- Any particular skill areas you would like to focus on

Digital Footage and photographs can be uploaded securely on our website  
[www.secondskin.com.au/Content/Forms/Upload](http://www.secondskin.com.au/Content/Forms/Upload)

**NB: Uploading large video files typically takes one hour per 100MB.**

We recommend compressing video files to a smaller size using a free tool such as [Handbrake](#) if your video files are over 50MB.

*Thank you for your time and effort*